



# Wyniki zawodów

## Zawody: III WALIMSKI PÓLMARATON GÓRSKI - 20.10.2018

| Wszyscy |       |                     |     |            |                 |   |                |                   |
|---------|-------|---------------------|-----|------------|-----------------|---|----------------|-------------------|
| Miejsce | Numer | Uczestnik           | Płe | Kat. wiek. | Miasto          | Klub  | Tempo [min/km] | Wynik             |
| 1       | 156   | PROBST WOJCIECH     | M   | M30(M)     | CIESZYN         | Inov - 8  | 04:14          | 01:29:15          |
| 2       | 225   | Maj Krzysztof       | M   | M30(M)     | Tuplice         |   | 04:20          | 01:31:18 (+02:03) |
| 3       | 64    | HOLLY PIOTR         | M   | M30(M)     | WAŁBRZYCH       | Sportfuel.pl                                    | 04:20          | 01:31:30 (+02:14) |
| 4       | 208   | WOJSŁAW BARTŁOMIEJ  | M   | M30(M)     | MARCINOWICE     | GLKS MARCINOWICE                                | 04:32          | 01:35:37 (+06:21) |
| 5       | 214   | WRÓBEL MARCIN       | M   | M40(M)     | WYSOKA          |   | 04:42          | 01:39:07 (+09:52) |
| 6       | 16    | CABAJ DAMIAN        | M   | M30(M)     | WIDNICA         | widnicka Grupa Biegowa                          | 04:54          | 01:43:31 (+14:15) |
| 7       | 105   | KOZŁOWSKI ŁUKASZ    | M   | M20(M)     | WIEBODZICE      | Ronal Polska Run                                | 04:55          | 01:43:45 (+14:29) |
| 8       | 142   | OSKWAREK PIOTR      | M   | M30(M)     | TRZEBUNIA       | Ł CZKA TEAM LEGNICA                             | 04:58          | 01:44:46 (+15:31) |
| 9       | 145   | PASIEWICZ JAKUB     | M   | M20(M)     | WIDNICA         | 1993  | 05:01          | 01:45:43 (+16:27) |
| 10      | 243   | Tomków Robert       | M   | M40(M)     | Komprachcice    |   | 05:02          | 01:46:07 (+16:51) |
| 11      | 41    | FERENC JANUSZ       | M   | M50+(M)    | LUDWIKOWICE KŁ. | UKS Ludwikowice                                 | 05:05          | 01:47:16 (+18:01) |
| 12      | 101   | KOWALSKI ŁUKASZ     | M   | M20(M)     | GŁUSZYCA        | #wawrzynteam                                    | 05:10          | 01:49:04 (+19:48) |
| 13      | 119   | ŁOPIANIAK TOMASZ    | M   | M40(M)     | OPOLE           |   | 05:11          | 01:49:11 (+19:55) |
| 14      | 127   | MARTOWSKI MACIEJ    | M   | M40(M)     | WROCŁAW         | Europa Ubezpieczenia                            | 05:11          | 01:49:25 (+20:09) |
| 15      | 223   | Stepan Yurtsun      | M   | M20(M)     | K pno           | SPARTA ULTRA TEAM                               | 05:12          | 01:49:46 (+20:30) |
| 16      | 86    | KARCZY SKI DARIUSZ  | M   | M40(M)     | OLE NICA        | Bieganie = Pomaganie Cała Ole nica Biega        | 05:13          | 01:49:58 (+20:43) |
| 17      | 6     | BALWIERCZAK PIOTR   | M   | M20(M)     | WROCŁAW         | NIGHT RUNNERS WROCŁAW                           | 05:17          | 01:51:36 (+22:20) |
| 18      | 35    | DUDA KAROL          | M   | M20(M)     | PISKORZÓW       |   | 05:19          | 01:52:14 (+22:58) |
| 19      | 100   | KOWALIK ANDRZEJ     | M   | M30(M)     | OPOLE           | Bieg opolski                                    | 05:22          | 01:53:17 (+24:01) |
| 20      | 172   | SKURATKO ADRIAN     | M   | M30(M)     | WAŁBRZYCH       | Ronal Polska Run                                | 05:23          | 01:53:29 (+24:13) |
| 21      | 103   | KOZAK ROBERT        | M   | M40(M)     | WAŁBRZYCH       | Ronal Polska Run                                | 05:30          | 01:55:52 (+26:36) |
| 22      | 229   | Szajn Grzegorz      | M   | M40(M)     | Smolec          | Szajki  | 05:30          | 01:55:57 (+26:41) |
| 23      | 63    | HNATIUK MICHAŁ      | M   | M20(M)     | WAŁBRZYCH       |   | 05:30          | 01:56:11 (+26:55) |
| 24      | 104   | KOZIEŁ TOMASZ       | M   | M30(M)     | KUDOWA-ZDRÓJ    | KUDOWSCY MIŁO NICY BIEGANIA                     | 05:31          | 01:56:23 (+27:07) |
| 25      | 180   | STANISŁAWSKI KAROL  | M   | M30(M)     | LEGNICA         |   | 05:31          | 01:56:33 (+27:18) |
| 26      | 216   | WYRO LAK JÓZEF      | M   | M30(M)     | WROCŁAW         | #SOBASTEAM                                      | 05:33          | 01:56:56 (+27:40) |
| 27      | 141   | OLSZEWSKI ELIGIUSZ  | M   | M40(M)     | OPOLE           | BeerRunner                                      | 05:33          | 01:57:00 (+27:44) |
| 28      | 186   | STRZELCZAK ROBERT   | M   | M40(M)     | OPOLE           | BBL Opole                                       | 05:33          | 01:57:04 (+27:48) |
| 29      | 34    | DRUZD TOMASZ        | M   | M40(M)     | WIDNICA         |   | 05:35          | 01:57:44 (+28:28) |
| 30      | 218   | ZAGROBELNY RADOŚLAW | M   | M50+(M)    | WROCŁAW         | Monko Coffee                                    | 05:35          | 01:57:54 (+28:38) |
| 31      | 157   | PRZERWA ANDRZEJ     | M   | M40(M)     | DZIER ONIÓW     | Kocham Ize i Maje oraz Borystaka super chłopaka | 05:36          | 01:58:06 (+28:50) |
| 32      | 3     | ADAMIN ARTUR        | M   | M50+(M)    | WAŁBRZYCH       |   | 05:36          | 01:58:19 (+29:03) |
| 33      | 18    | CEPIELIK WOJCIECH   | M   | M30(M)     | PUSTELNIK       | biegam w sudetach                               | 05:37          | 01:58:24 (+29:08) |
| 34      | 164   | ROZDOLSKI PAWEŁ     | M   | M30(M)     | JELCZ-LASKOWICE |   | 05:37          | 01:58:29 (+29:13) |
| 35      | 136   | NIESPODZIANY MACIEJ | M   | M30(M)     | ROGOZNO         | extreme outdoor                                 | 05:38          | 01:59:01 (+29:45) |
| 36      | 230   | Pater Tomasz        | M   | M40(M)     | SOBÓTKA         | SiłaOgra.pl                                     | 05:38          | 01:59:01 (+29:45) |

| Miejsce | Numer | Uczestnik            | Płe | Kat. wiek. | Miasto          | Klub                             | Tempo [min/km] | Wynik             |
|---------|-------|----------------------|-----|------------|-----------------|----------------------------------|----------------|-------------------|
| 37      | 196   | TOMICZEK TOMASZ      | M   | M30(M)     | WROCLAW         | Zdyskwalifikowani                | 05:41          | 01:59:48 (+30:32) |
| 38      | 45    | GAŁKA GRZEGORZ       | M   | M40(M)     | SZYMANÓW        |                                  | 05:42          | 02:00:12 (+30:56) |
| 39      | 33    | DORNIAK JAROSŁAW     | M   | M40(M)     | WROCLAW         | PZU Sport Team                   | 05:43          | 02:00:39 (+31:23) |
| 40      | 149   | PI TA MARCIN         | M   | M30(M)     | WROCLAW         | Grupa Pana Tolka                 | 05:44          | 02:01:02 (+31:46) |
| 41      | 129   | MAZUR ADAM           | M   | M20(M)     | WROCLAW         | White Eagle Running Club         | 05:45          | 02:01:08 (+31:52) |
| 42      | 56    | GRUSZKA ALEKSANDRA   | K   | K30(K)     | BOGUSZÓW-GORCE  |                                  | 05:45          | 02:01:16 (+32:01) |
| 43      | 245   | Margol Paweł         | M   | M30(M)     | Wroclaw         |                                  | 05:46          | 02:01:30 (+32:14) |
| 44      | 137   | NOGAŁA JERZY         | M   | M40(M)     | LESZNO          |                                  | 05:46          | 02:01:32 (+32:16) |
| 45      | 184   | STRYJEK JAROSŁAW     | M   | M30(M)     | WIEBODZICE      | Grupa biegowa Tristone Wałbrzych | 05:46          | 02:01:45 (+32:29) |
| 46      | 198   | TRYK SEBASTIAN       | M   | M40(M)     | WROCLAW         | PRO-RUN WROCLAW                  | 05:47          | 02:01:51 (+32:35) |
| 47      | 207   | WISZ PIOTR           | M   | M20(M)     | KRAKÓW          |                                  | 05:48          | 02:02:13 (+32:57) |
| 48      | 99    | KOWALCZYK JAROSŁAW   | M   | M40(M)     | WAŁBRZYCH       | Biegiem po Marzenia              | 05:48          | 02:02:32 (+33:16) |
| 49      | 143   | PALUCH DANIEL        | M   | M30(M)     | WROCLAW         | -0                               | 05:49          | 02:02:41 (+33:26) |
| 50      | 117   | LULIS DAWID          | M   | M30(M)     | WROCLAW         |                                  | 05:49          | 02:02:44 (+33:28) |
| 51      | 83    | KALU NY WOJCIECH     | M   | M40(M)     | WIDNICA         | Biegowa widnica                  | 05:49          | 02:02:49 (+33:33) |
| 52      | 29    | CZYCZERSKI JACEK     | M   | M50+(M)    | ROGO NICA       | GRUPA BIEGOWA "BEZ GRANIC"       | 05:49          | 02:02:53 (+33:37) |
| 53      | 27    | CIRKO ARKADIUSZ      | M   | M40(M)     | LUBIN           | KGHM Polkowice-Sierszowice       | 05:50          | 02:02:59 (+33:43) |
| 54      | 38    | DUDEK MARIUSZ        | M   | M30(M)     | RUDA L SKA      |                                  | 05:50          | 02:03:00 (+33:44) |
| 55      | 162   | ROSZYK PRZEMEK       | M   | M40(M)     | KOZIEGLOWY      | parkrun Pozna                    | 05:50          | 02:03:01 (+33:45) |
| 56      | 206   | WCIÓRKA PIOTR        | M   | M30(M)     | WIDNICA         | widnicka Grupa Biegowa           | 05:50          | 02:03:04 (+33:48) |
| 57      | 94    | KOSI SKI BARTŁOMIEJ  | M   | M30(M)     | BOGUSZÓW-GORCE  | GRUPA BIEGOWA DZIKOWIEC          | 05:51          | 02:03:17 (+34:01) |
| 58      | 77    | JASI SKI MICHAŁ      | M   | M30(M)     | WROCLAW         |                                  | 05:51          | 02:03:29 (+34:13) |
| 59      | 139   | OKO KAMILA           | K   | K30(K)     | RUDNIKI         | Falstart Rudniki                 | 05:51          | 02:03:33 (+34:17) |
| 60      | 192   | SZUMSKI ŁUKASZ       | M   | M40(M)     | SŁAWA           |                                  | 05:51          | 02:03:35 (+34:19) |
| 61      | 204   | WAROWNY DAWID        | M   | M30(M)     | DOBROMIERZ      | SUDECKIE WYCIECZKI BIEGOWE       | 05:52          | 02:03:51 (+34:35) |
| 62      | 170   | SKÓRA ANASTAZJA      | K   | K20(K)     | AGA             | Fitness Army Team                | 05:53          | 02:04:06 (+34:51) |
| 63      | 138   | NOWAK PIOTR          | M   | M40(M)     | OLE NICA        | Virtual Runner Club              | 05:54          | 02:04:29 (+35:13) |
| 64      | 250   | Chru ciel Michał     | M   | M30(M)     | Wroclaw         |                                  | 05:55          | 02:04:42 (+35:26) |
| 65      | 201   | WALKOWICZ MAREK      | M   | M40(M)     | GLUSZYCA        |                                  | 05:55          | 02:04:47 (+35:32) |
| 66      | 55    | GRUBECKI KRZYSZTOF   | M   | M30(M)     | WROCLAW         | ZDYSKWALIFIKOWANI                | 05:55          | 02:04:51 (+35:35) |
| 67      | 187   | SZANDAŁA JACEK       | M   | M40(M)     | OLE NICA        | Cała Ole nica Biega              | 05:55          | 02:04:51 (+35:35) |
| 68      | 240   | Kielar Mirosław      | M   | M40(M)     | JEDLINA - ZDRÓJ |                                  | 05:55          | 02:04:59 (+35:43) |
| 69      | 79    | J DRZEJCZAK ARTUR    | M   | M30(M)     | SOLEC WLKP      | Solecki Biegacz                  | 05:56          | 02:05:06 (+35:50) |
| 70      | 236   | Baranowski Krzysztof | M   | M30(M)     | WIDNICA         |                                  | 05:56          | 02:05:11 (+35:55) |
| 71      | 228   | Cupriak Daniel       | M   | M40(M)     | Nowa Wie Mała   |                                  | 05:56          | 02:05:12 (+35:56) |
| 72      | 161   | ROMANOWICZ LUKASZ    | M   | M30(M)     | WIDNICA         | No Sugar Cafe widnica            | 05:56          | 02:05:21 (+36:06) |
| 73      | 144   | PARA JAKUB           | M   | M30(M)     | LESZNO          | Lesz NO Limits Runners           | 05:58          | 02:05:54 (+36:38) |
| 74      | 89    | KLEMENS MICHAŁ       | M   | M30(M)     | WROCLAW         |                                  | 05:59          | 02:06:20 (+37:04) |
| 75      | 87    | KIEDOWSKI ARTUR      | M   | M40(M)     | WROCLAW         | PRO-RUN WROCLAW                  | 06:00          | 02:06:40 (+37:24) |
| 76      | 66    | IDCZAK AGNIESZKA     | K   | K30(K)     | LEGNICA         | Ł CZKA TEAM LEGNICA              | 06:00          | 02:06:42 (+37:27) |
| 77      | 174   | SMEREKA TOMASZ       | M   | M40(M)     | MILICZ          | Running Team Milicz              | 06:00          | 02:06:44 (+37:28) |
| 78      | 224   | J dryca Przemysław   | M   | M40(M)     | LASKI           | SPARTA ULTRA TEAM                | 06:01          | 02:06:54 (+37:38) |
| 79      | 222   | Skóra Mirosław       | M   | M40(M)     | LASKI           | SPARTA ULTRA TEAM                | 06:01          | 02:06:54 (+37:38) |
| 80      | 51    | GIBALSKI TOMASZ      | M   | M40(M)     | RO CISLAWICE    | Oborygeni                        | 06:01          | 02:07:02 (+37:46) |
| 81      | 76    | JANOWSKI WITOLD      | M   | M30(M)     | WROCLAW         |                                  | 06:09          | 02:09:48 (+40:33) |

| Miejsce | Numer | Uczestnik             | Płe | Kat. wiek. | Miasto                 | Klub   | Tempo [min/km] | Wynik             |
|---------|-------|-----------------------|-----|------------|------------------------|--|----------------|-------------------|
| 82      | 98    | KOTYSZ WALDEMAR       | M   | M50+(M)    | OPOLE                  | BBL Opole  | 06:10          | 02:10:00 (+40:44) |
| 83      | 183   | STRASZKO MONIKA       | K   | K30(K)     | WROCLAW                |  | 06:10          | 02:10:11 (+40:55) |
| 84      | 193   | SZYMA SKI ARTUR       | M   | M40(M)     | GDA SK                 | LOTOS TEAM   | 06:10          | 02:10:11 (+40:55) |
| 85      | 28    | CYGAN IRENEUSZ        | M   | M40(M)     | SWIDNICA               | SKURCZ   | 06:10          | 02:10:12 (+40:56) |
| 86      | 146   | P KALA MARCIN         | M   | M40(M)     | WIDNICA                | One Mam Run Team Swidnica                            | 06:15          | 02:11:56 (+42:40) |
| 87      | 53    | GORLOWSKI EMIL        | M   | M30(M)     | WIDNICA                | elazna widnica                                       | 06:16          | 02:12:19 (+43:03) |
| 88      | 115   | LUDA ANETA            | K   | K30(K)     | BARTNICZKA             | #wawrzynteam   | 06:21          | 02:14:08 (+44:52) |
| 89      | 48    | GARWOL-BINC AGNIESZKA | K   | K20(K)     | KRAPKOWICE             | Opole biega  | 06:23          | 02:14:39 (+45:23) |
| 90      | 47    | GARWOL JUSTYNA        | K   | K30(K)     | OPOLE                  | Opole biega  | 06:23          | 02:14:39 (+45:23) |
| 91      | 37    | DUDEK KRZYSZTOF       | M   | M40(M)     | UDANIN                 | Strzegomska dwunastka                                | 06:23          | 02:14:49 (+45:33) |
| 92      | 65    | Kilar Bartosz         | M   | M40(M)     | ROGOZNO                |  | 06:25          | 02:15:12 (+45:56) |
| 93      | 179   | SPŁAWSKI MICHAŁ       | M   | M30(M)     | WROCLAW                |  | 06:25          | 02:15:15 (+46:00) |
| 94      | 10    | BEDNARCYK BOGUSŁAW    | M   | M50+(M)    | WROCLAW                | PRO-RUN WROCLAW                                      | 06:25          | 02:15:32 (+46:16) |
| 95      | 189   | SZCZERBINSKI PIOTR    | M   | M30(M)     | WROCLAW                |  | 06:27          | 02:15:55 (+46:39) |
| 96      | 226   | Zborowski Krzysztof   | M   | M30(M)     | WROCLAW                |  | 06:27          | 02:15:55 (+46:39) |
| 97      | 102   | KOWALSKI OLGIERD      | M   | M20(M)     | BOGUSZÓW GORCE         | #wawrzynteam   | 06:27          | 02:16:03 (+46:47) |
| 98      | 90    | KLIMZA ANDRZEJ        | M   | M40(M)     | DZIER ONIÓW            |  | 06:27          | 02:16:12 (+46:56) |
| 99      | 92    | KOŁOWROCKI PAWEŁ      | M   | M40(M)     | DZIER ONIÓW            | Biegn , eby Bartek mógł biega /Nicht Runners Wrocław | 06:28          | 02:16:18 (+47:02) |
| 100     | 244   | Krupianik Tomasz      | M   | M30(M)     | WROCLAW                |  | 06:28          | 02:16:25 (+47:09) |
| 101     | 58    | GUTOWSKI DARIUSZ      | M   | M40(M)     | JELENIA GÓRA           |  | 06:28          | 02:16:28 (+47:12) |
| 102     | 238   | Gawron Bartłomiej     | M   | M40(M)     | POLSKA NOWA WIE        |  | 06:28          | 02:16:34 (+47:18) |
| 103     | 50    | GIBALSKA MARZENA      | K   | K40(K)     | RO CISŁAWICE           | Oborygeni  | 06:29          | 02:16:57 (+47:41) |
| 104     | 15    | BUCZEK GABRIELA       | K   | K40(K)     | WIERKI                 |  | 06:30          | 02:17:10 (+47:54) |
| 105     | 110   | KUKLA SEBASTIAN       | M   | M40(M)     | WROCLAW                |  | 06:30          | 02:17:16 (+48:00) |
| 106     | 116   | LULIS ANNA            | K   | K30(K)     | WROCLAW                |  | 06:30          | 02:17:17 (+48:01) |
| 107     | 114   | LIGIENZA ANDRZEJ      | M   | M30(M)     | DZIER ONIÓW            |  | 06:31          | 02:17:19 (+48:03) |
| 108     | 227   | Zi bi ski Andrzej     | M   | M30(M)     | BARTNICA               |  | 06:31          | 02:17:19 (+48:04) |
| 109     | 181   | STAWARZ PAWEŁ         | M   | M40(M)     | OLE NICA               | Elite Runners Club                                   | 06:31          | 02:17:34 (+48:18) |
| 110     | 120   | ŁUBIK RENATA          | K   | K40(K)     | KIEŁCZÓW               | Pro Run Wrocław                                      | 06:32          | 02:17:45 (+48:29) |
| 111     | 219   | ZAREMBA SYLWESTER     | M   | M30(M)     | KOMORNIKI              | ZM CZENI NA STARCIE DOBIEGNI EW                      | 06:33          | 02:18:07 (+48:51) |
| 112     | 197   | TROJANOWSKI TOMASZ    | M   | M20(M)     | SWARZEDZ               | ZM CZENI NA STARCIE DOBIEGNI EW                      | 06:33          | 02:18:07 (+48:51) |
| 113     | 52    | GOŁ BIEWSKA SYLWIA    | K   | K40(K)     | WIDNICA                | widnicka Grupa Biegowa                               | 06:33          | 02:18:09 (+48:54) |
| 114     | 217   | ZAGAŁA PIOTR          | M   | M40(M)     | WIDNICA                | www.MOJEMIASTO.SWIDNICA.PL                           | 06:33          | 02:18:10 (+48:54) |
| 115     | 248   | Sikorski Dariusz      | M   | M30(M)     | DZIERZONIOW            |  | 06:34          | 02:18:36 (+49:20) |
| 116     | 60    | HAJDUK MARCIN         | M   | M40(M)     | SZCZAWNO ZDROJ         | #wawrzynteam   | 06:36          | 02:19:08 (+49:52) |
| 117     | 194   | SZYMA SKI GRZEGORZ    | M   | M20(M)     | WALIM                  | Sowie Team   | 06:37          | 02:19:28 (+50:12) |
| 118     | 81    | KALICZAK TOMASZ       | M   | M40(M)     | WIDNICA, POW. WIDNICKI | SKT TIGER  | 06:37          | 02:19:46 (+50:30) |
| 119     | 23    | CHOR Y ŁUKASZ         | M   | M30(M)     | OLE NICA               | CAŁA OLE NICA BIEGA                                  | 06:38          | 02:19:48 (+50:32) |
| 120     | 1     | ABRAMOWICZ AGATA      | K   | K20(K)     | BRZEG DOLNY            | Fitness Army Team                                    | 06:38          | 02:19:56 (+50:40) |
| 121     | 175   | SOBCZAK ALEKSANDER    | M   | M30(M)     | DZIER ONIÓW            | Bielawska Akademia Biegania                          | 06:41          | 02:20:57 (+51:41) |
| 122     | 12    | BIELECKA JOANNA       | K   | K30(K)     | LEGNICA                |  | 06:41          | 02:21:02 (+51:47) |
| 123     | 148   | PIETRZAK TOMASZ       | M   | M40(M)     | WIDNICA                | SKT TIGER  | 06:42          | 02:21:16 (+52:00) |
| 124     | 31    | DOBEK TOMASZ          | M   | M40(M)     | PŁOCK                  |  | 06:42          | 02:21:19 (+52:03) |
| 125     | 203   | WANKIEWICZ KRZYSZTOF  | M   | M40(M)     | JELCZ-LASKOWICE        | GVT  | 06:43          | 02:21:48 (+52:32) |
| 126     | 121   | ŁYKO MARCIN           | M   | M30(M)     | WIDNICA                | Fitness Army Team                                    | 06:45          | 02:22:25 (+53:09) |

| Miejsce | Numer | Uczestnik                      | Płe | Kat. wiek. | Miasto           | Klub                       | Tempo [min/km] | Wynik                |
|---------|-------|--------------------------------|-----|------------|------------------|----------------------------|----------------|----------------------|
| 127     | 168   | SIDORUK DARIUSZ                | M   | M50+(M)    | WIDNICA          | "KONTAKT" DARIUSZ SIDORUK" | 06:45          | 02:22:25 (+53:09)    |
| 128     | 231   | Zieniewicz Grzegorz            | M   | M40(M)     | DZIERZONIOW      |                            | 06:46          | 02:22:41 (+53:25)    |
| 129     | 61    | HAKKE MAŁGORZATA               | K   | K40(K)     | JELEŃ GÓRA       |                            | 06:47          | 02:22:59 (+53:43)    |
| 130     | 11    | BEDNARCZYK JAKUB               | M   | M30(M)     | WROCLAW          | Stronger Runner            | 06:47          | 02:22:59 (+53:43)    |
| 131     | 140   | OLSCHIMKE- MARMUROWICZ BARBARA | K   | K40(K)     | KATOWIC          | NIGHT RUNNES L SK          | 06:47          | 02:23:13 (+53:58)    |
| 132     | 239   | Gałka Stanisław                | M   | M50+(M)    | DZIERZONIOW      |                            | 06:48          | 02:23:38 (+54:22)    |
| 133     | 75    | JANOWSKA KINGA                 | K   | K30(K)     | WROCLAW          |                            | 06:49          | 02:23:53 (+54:37)    |
| 134     | 159   | RATAJCZAK DARIUSZ              | M   | M40(M)     | DOLSK            | Hernik Team                | 06:52          | 02:24:58 (+55:42)    |
| 135     | 247   | Borkowski Adam                 | M   | M40(M)     | Wałbrzych        |                            | 06:54          | 02:25:24 (+56:08)    |
| 136     | 178   | SONNEK MARTA                   | K   | K30(K)     | SYCÓW            | Elite Runners Club         | 06:54          | 02:25:39 (+56:23)    |
| 137     | 80    | KACZMAREK JULIA                | K   | K20(K)     | OBORNIKI L SKIE  | SłowniaHektor              | 06:54          | 02:25:43 (+56:27)    |
| 138     | 122   | MAJER MAJA                     | K   | K30(K)     | SZKLARSKA POR BA | Biegamdiazdrowia.pl        | 06:55          | 02:25:53 (+56:37)    |
| 139     | 2     | ABULEWICZ WOJCIECH             | M   | M50+(M)    | WROCLAW          | Innova Sport Center        | 06:56          | 02:26:17 (+57:01)    |
| 140     | 32    | DOMARADZKI DANIEL              | M   | M20(M)     | STRZEGOM         | - NA KACU -                | 06:57          | 02:26:33 (+57:18)    |
| 141     | 150   | PIJANKA MARIUSZ                | M   | M40(M)     | OPOLE            | BBL Opole                  | 06:57          | 02:26:34 (+57:18)    |
| 142     | 134   | NEUMANN JACEK                  | M   | M50+(M)    | RADKÓW           | Centrum Ł kowa 1           | 06:58          | 02:27:04 (+57:48)    |
| 143     | 70    | JACKOWSKA ALICJA               | K   | K40(K)     | BYDGOSZCZ        |                            | 06:59          | 02:27:22 (+58:06)    |
| 144     | 71    | JACKOWSKI TOMASZ               | M   | M40(M)     | BYDGOSZCZ        |                            | 06:59          | 02:27:22 (+58:06)    |
| 145     | 25    | CI GŁO GRZEGORZ                | M   | M40(M)     | BOGUSZÓW - GORCE | GRUPA BIEGOWA DZIKOWIEC    | 07:00          | 02:27:46 (+58:30)    |
| 146     | 118   | LUPA FILIP                     | M   | M30(M)     | WROCLAW          |                            | 07:02          | 02:28:24 (+59:08)    |
| 147     | 235   | Ewert-Krzemienievska Katarzyna | K   | K30(K)     | WROCLAW          |                            | 07:02          | 02:28:25 (+59:09)    |
| 148     | 154   | PŁOK KRZYSZTOF                 | M   | M50+(M)    | POLKOWICE        | Team Płok                  | 07:03          | 02:28:37 (+59:22)    |
| 149     | 62    | HETMA CZYK IRENEUSZ            | M   | M40(M)     | OPOLE            | FAST FOOT Opole            | 07:05          | 02:29:25 (+01:00:09) |
| 150     | 126   | MARTOWSKA BARBARA              | K   | K40(K)     | WROCLAW          |                            | 07:06          | 02:29:37 (+01:00:21) |
| 151     | 82    | KALAMARZ KRZYSZTOF             | M   | M40(M)     | WAWRZE CZYCE     |                            | 07:07          | 02:30:05 (+01:00:50) |
| 152     | 182   | STOKŁOSA MICHAŁ                | M   | M30(M)     | YWIEC            | CAPGEMINI                  | 07:07          | 02:30:09 (+01:00:54) |
| 153     | 88    | KIEŁBUS AGATA                  | K   | K20(K)     | NIED WIEDZICA    | SOWIE TEAM                 | 07:08          | 02:30:23 (+01:01:07) |
| 154     | 14    | BORUTA-KOŁODZIEJ EMILIA        | K   | K30(K)     | WROCLAW          | Pro Run Wrocław            | 07:08          | 02:30:36 (+01:01:21) |
| 155     | 242   | Chor y Izabela                 | K   | K20(K)     | Ole nica         |                            | 07:09          | 02:30:41 (+01:01:25) |
| 156     | 73    | JANDZIAK PIOTR                 | M   | M40(M)     | WROCLAW          |                            | 07:09          | 02:30:59 (+01:01:43) |
| 157     | 111   | KWIATEK JACEK                  | M   | M40(M)     | OPOLE            |                            | 07:12          | 02:31:55 (+01:02:39) |
| 158     | 113   | KWIATKOWSKA ZUZANNA            | K   | K40(K)     | SZCZYTNA         | SZCZYTNA BIEGA             | 07:12          | 02:31:59 (+01:02:43) |
| 159     | 123   | MAŁEK ALEKSANDRA               | K   | K20(K)     | SIERPENICA       | #wawrzynteam               | 07:13          | 02:32:12 (+01:02:56) |
| 160     | 39    | DUDZIAK KRZYSZTOF              | M   | M40(M)     | WAŁBRZYCH        |                            | 07:14          | 02:32:38 (+01:03:22) |
| 161     | 234   | Grygier Tomasz                 | M   | M40(M)     | KO CIAN          |                            | 07:14          | 02:32:39 (+01:03:23) |
| 162     | 44    | FURGAŁ DOROTA                  | K   | K40(K)     | OLE NICA         | 1977                       | 07:15          | 02:33:03 (+01:03:47) |
| 163     | 106   | KOZŁOWSKI RAFAŁ                | M   | M40(M)     | WAŁBRZYCH        |                            | 07:17          | 02:33:46 (+01:04:30) |
| 164     | 125   | MARMUROWICZ KRYSZTOF           | M   | M40(M)     | KATOWICE         | Kolorowa Dru yna NESSI     | 07:20          | 02:34:43 (+01:05:28) |
| 165     | 171   | SKRZYNIARZ JAREK               | M   | M50+(M)    | WROCLAW          | free runner                | 07:20          | 02:34:51 (+01:05:36) |
| 166     | 155   | PORADA MAŁGORZATA              | K   | K40(K)     | OPOLE            |                            | 07:21          | 02:34:54 (+01:05:38) |
| 167     | 109   | KUJAWA MAREK                   | M   | M40(M)     | SZCZYTNA         | szczytna biega             | 07:21          | 02:35:03 (+01:05:47) |
| 168     | 188   | SZARKO DARIUSZ                 | M   | M40(M)     | BOGUSZÓW-GORCE   |                            | 07:22          | 02:35:23 (+01:06:07) |
| 169     | 241   | Oniszko-Kielar Marta           | K   | K30(K)     | JEDLINA - ZDRÓJ  |                            | 07:26          | 02:36:43 (+01:07:27) |
| 170     | 211   | WRONA AGNIESZKA                | K   | K30(K)     | Z BKOWICE L SKIE |                            | 07:26          | 02:36:58 (+01:07:43) |
| 171     | 95    | KOSZYK RAFAŁ                   | M   | M30(M)     | OPOLE            |                            | 07:33          | 02:39:26 (+01:10:10) |

| Miejsce | Numer | Uczestnik                | Płe | Kat. wiek. | Miasto            | Klub                   | Tempo [min/km] | Wynik                |
|---------|-------|--------------------------|-----|------------|-------------------|------------------------|----------------|----------------------|
| 172     | 19    | CHABKO JACEK             | M   | M50+(M)    | WROCLAW           | 2. WOG                 | 07:35          | 02:39:49 (+01:10:33) |
| 173     | 212   | WRONA PATRYCJA           | K   | K20(K)     | WROCLAW           | Stronger Runner        | 07:36          | 02:40:14 (+01:10:58) |
| 174     | 169   | SKOREK KAROL             | M   | M30(M)     | WROCLAW           |                        | 07:44          | 02:43:11 (+01:13:55) |
| 175     | 220   | UK ZBIGNIEW              | M   | M50+(M)    | WALBRZYCH         |                        | 07:44          | 02:43:13 (+01:13:57) |
| 176     | 133   | MROZI SKI SEBASTIAN      | M   | M40(M)     | RADWANICE         |                        | 07:44          | 02:43:16 (+01:14:00) |
| 177     | 232   | Wiechowski Daniel        | M   | M30(M)     | WROCLAW           | MuchoBronx             | 07:46          | 02:43:54 (+01:14:38) |
| 178     | 17    | CEBULA-SOŁTYSIAK EWELINA | K   | K40(K)     | PROCHOWICE        |                        | 07:47          | 02:44:21 (+01:15:06) |
| 179     | 8     | BARA SKI RAFAŁ           | M   | M40(M)     | OPOLE             | Biegam Bo Musz         | 07:48          | 02:44:36 (+01:15:20) |
| 180     | 7     | BARA SKA MAŁGORZATA      | K   | K40(K)     | OPOLE             | BIEGAM BO LUBI         | 07:48          | 02:44:36 (+01:15:20) |
| 181     | 213   | WRO SKA DOROTA           | K   | K40(K)     | LUBAWA            | LUBAWA KOCHA BIEGA     | 07:50          | 02:45:10 (+01:15:55) |
| 182     | 200   | TURKIEWICZ DAWID         | M   | M30(M)     | WOLIBÓRZ          |                        | 07:50          | 02:45:21 (+01:16:06) |
| 183     | 67    | INDULSKA-SAŁDACZ EDYTA   | K   | K30(K)     | WROCLAW           |                        | 07:51          | 02:45:34 (+01:16:18) |
| 184     | 251   | Mucha Katarzyna          | K   | K50+(K)    | Wroclaw           |                        | 07:51          | 02:45:38 (+01:16:23) |
| 185     | 36    | DUDEK AGNIESZKA          | K   | K30(K)     | RUDA L SKA        |                        | 07:51          | 02:45:39 (+01:16:23) |
| 186     | 43    | FIRLEJ DOMINIK           | M   |            | WALIM             | Sowie Team             | 07:52          | 02:46:05 (+01:16:49) |
| 187     | 24    | CHWALISZ PAWEŁ           | M   | M40(M)     | WROCLAW           | Fitness Army Team      | 07:53          | 02:46:10 (+01:16:54) |
| 188     | 21    | CHOLEWINSKA LONGINA      | K   | K50+(K)    | MUROWANA GOSLINA  | Hernik Team            | 07:53          | 02:46:11 (+01:16:55) |
| 189     | 246   | Stankiewicz Paweł        | M   | M20(M)     | Wroclaw           |                        | 07:53          | 02:46:21 (+01:17:05) |
| 190     | 22    | CHOLEWI SKI WOJCIECH     | M   | M50+(M)    | MUROWANA GO LINA  | Hernik Team            | 07:55          | 02:46:52 (+01:17:36) |
| 191     | 131   | MILEJSKA JOANNA          | K   | K40(K)     | OPOLE             |                        | 07:55          | 02:47:04 (+01:17:49) |
| 192     | 97    | KOTYSZ KATARZYNA         | K   | K50+(K)    | OPOLE             | BBL Opole              | 07:55          | 02:47:06 (+01:17:50) |
| 193     | 165   | RZEPIAK MACIEJ           | M   | M40(M)     | WIDNICA           |                        | 07:57          | 02:47:36 (+01:18:20) |
| 194     | 49    | GAWEŁ DARIUSZ            | M   | M50+(M)    | STARE BOGACZOWICE | Korba Jelenia Góra     | 07:57          | 02:47:39 (+01:18:23) |
| 195     | 69    | JACHOWICZ DAMIAN         | M   | M20(M)     | WROCLAW           | Fitness Army Team      | 07:57          | 02:47:40 (+01:18:24) |
| 196     | 68    | JACHOWICZ ALEKSANDRA     | K   | K20(K)     | WROCLAW           |                        | 07:57          | 02:47:40 (+01:18:24) |
| 197     | 112   | KWIATKOWSKA MARTA        | K   | K30(K)     | WROCLAW           |                        | 07:57          | 02:47:42 (+01:18:26) |
| 198     | 233   | Pawłowska Anna           | K   | K30(K)     | WALBRZYCH         |                        | 08:02          | 02:49:24 (+01:20:08) |
| 199     | 153   | PIOTROWSKI MAREK         | M   | M50+(M)    | LEGNICA           | JANOSPORT TEAM LEGNICA | 08:02          | 02:49:29 (+01:20:13) |
| 200     | 167   | SIDOR JUSTYNA            | K   | K30(K)     | WALIM             | Sowie Team             | 08:03          | 02:49:46 (+01:20:30) |
| 201     | 124   | MARCHEWKA DOROTA         | K   | K20(K)     | WROCLAW           | Fitness Army Team      | 08:03          | 02:49:51 (+01:20:35) |
| 202     | 59    | HADRO DAMIAN             | M   | M30(M)     | WROCLAW           | Fitness Army Team      | 08:03          | 02:49:51 (+01:20:35) |
| 203     | 130   | M DROWSKA RÓ A           | K   | K20(K)     | POZNA             |                        | 08:03          | 02:49:55 (+01:20:39) |
| 204     | 190   | SZPYRNA KATARZYNA        | K   | K30(K)     | WROCLAW           |                        | 08:06          | 02:50:43 (+01:21:27) |
| 205     | 177   | SOBI SKI WALDEMAR        | M   | M50+(M)    | JELENIA GÓRA      | Biegamdlazdrowia.pl    | 08:12          | 02:53:05 (+01:23:49) |
| 206     | 176   | SOBCZAK RENATA           | K   | K50+(K)    | OLE NICA          | KB LUPUS OLE NICA      | 08:13          | 02:53:14 (+01:23:58) |
| 207     | 74    | JANISŁAWSKI MACIEJ       | M   | M20(M)     | JELENIA GÓRA      |                        | 08:17          | 02:54:36 (+01:25:20) |
| 208     | 166   | SIARKIEWICZ JOLA         | K   | K50+(K)    | PODGÓRZYN         | Biegamdlazdrowia.pl    | 08:19          | 02:55:33 (+01:26:17) |
| 209     | 185   | STRZAŁKOWSKA URSZULA     | K   | K30(K)     | OPOLE             |                        | 08:23          | 02:56:59 (+01:27:43) |
| 210     | 26    | CIOCH PAWEŁ              | M   | M30(M)     | OPOLE             |                        | 08:23          | 02:56:59 (+01:27:44) |
| 211     | 132   | MLECZEK MARIA            | K   | K30(K)     | WALIM             | OLO TEAM               | 08:24          | 02:57:12 (+01:27:56) |
| 212     | 237   | Gr zel-Gawron Jolanta    | K   | K40(K)     | POLSKA NOWA WIE   |                        | 08:24          | 02:57:15 (+01:27:59) |
| 213     | 163   | ROSZYK SYLWIA            | K   | K40(K)     | KOZIEGŁOWY        | parkrun Pozna /Albione | 08:31          | 02:59:42 (+01:30:26) |
| 214     | 210   | WO NIAK BEATA            | K   | K40(K)     | KOZIEGŁOWY        |                        | 08:39          | 03:02:25 (+01:33:09) |
| 215     | 30    | D BEK PIOTREK            | M   | M40(M)     | WIDNICA           | widnicka Grupa Biegowa | 08:39          | 03:02:36 (+01:33:20) |
| 216     | 93    | KOPACKI WOJCIECH         | M   | M20(M)     | SOKOLNIKI         |                        | 08:40          | 03:02:45 (+01:33:29) |

| Miejsce | Numer | Uczestnik           | Płe | Kat. wiek. | Miasto    | Klub                 | Tempo [min/km] | Wynik                |
|---------|-------|---------------------|-----|------------|-----------|----------------------|----------------|----------------------|
| 217     | 42    | FIRLEJ ADAM         | M   | M30(M)     | WALIM     | Sowie Team           | 08:58          | 03:09:15 (+01:39:59) |
| 218     | 72    | JAKUBOWSKA BEATA    | K   | K30(K)     | WROCŁAW   | BIEGAMY WE WROCŁAWIU | 09:08          | 03:12:33 (+01:43:17) |
| 219     | 40    | DYDO MICHAŁ         | M   | M30(M)     | WROCLAW   | BIEGAMY WE WROCŁAWIU | 09:08          | 03:12:33 (+01:43:17) |
| 220     | 160   | RATAJCZYK ANNA      | K   | K40(K)     | DOLSK     | Hernik Team          | 09:19          | 03:16:42 (+01:47:26) |
| 221     | 151   | PIJANKA MONIKA      | K   | K40(K)     | OPOLE     | BBL Opole            | 09:22          | 03:17:37 (+01:48:21) |
| 222     | 215   | WRUK REMIGIUSZ      | M   | M40(M)     | OPOLE     |                      | 09:22          | 03:17:38 (+01:48:22) |
| 223     | 191   | SZUMSKA LIDIA       | K   | K40(K)     | SŁAWA     |                      | 09:24          | 03:18:21 (+01:49:05) |
| 224     | 96    | KO CIELNIAK DAGMARA | K   | K40(K)     | CZERWONAK | Czerwonak biega      | 09:59          | 03:30:41 (+02:01:25) |